



UNITED NATIONS CONFERENCE
ON THE APPLICATION OF SCIENCE AND TECHNOLOGY
FOR THE BENEFIT OF THE LESS DEVELOPED AREAS

E/CONF.39/D/72

SUMMARY

10 Oct.1962

ENGLISH

ORIGINAL : FRENCH

SUMMARY

Agenda Item: D.14

Bulgaria

THE BUILDING UP OF RESORTS
IN THE PEOPLE'S REPUBLIC OF BULGARIA

By Todor TODOROV, Architect,
Head of Department,
"Construction of Modern Living Facilities
and Amenities" at the State Committee
for Construction and Architecture

Papers have been contributed to the United Nations Conference on the Application of Science and Technology for the Benefit of the Less Developed Areas as working papers for that Conference. They are published as presented by the contributors, and the contents and the views expressed are those of the contributors. (See notes overleaf.)

NOTES

1. Papers selected for inclusion in General Sessions will be available at the Conference in the following official languages of the United Nations: English, French, Russian and Spanish.
2. Papers selected for inclusion in Specialized Sessions will be available at the Conference in only one of the above official languages.
3. Summaries of all papers, as submitted by contributors, will be available at the Conference in the following official languages of the United Nations: English, French, Russian and Spanish.
4. Papers and summaries will not be available for general distribution in advance of the Conference. They will be published in advance in limited quantities only for the use of delegations of participating governments and of other authorized participants. Post-Conference publication and general distribution of the Conference Proceedings will follow United Nations practices as laid down by the United Nations Publications Board.

THE BUILDING UP OF RESORTS IN THE
PEOPLE'S REPUBLIC OF BULGARIA

by TODOR TODOROV - architect,
Head of Department "Construction of Modern
Living Facilities and Amenities" at the State
Committee for Construction and Architecture

SUMMARY

In the beginning of the report, the author discusses the exceptional role played in the People's Republic of Bulgaria by research work, which determines the ways and principles to be followed in preserving and getting acquainted with the pristine power of natural factors as one of the most essential conditions in the development of resorts. He points out that this complex research work on the building up of resorts in the People's Republic of Bulgaria continues until the resorts are ready for exploitation as well as during the period of their exploitation.

Resorts, as factors of preventive medicine in the People's Republic of Bulgaria, fulfil a very important function in preserving the population's health and capacity for work. In order to place the development of resorts on the right track and make the construction of resorts serve its true purpose, extensive preliminary research work is carried out:

- to study and safeguard the curative factors at the resorts, with a view to establishing scientific methods for their utilization;
- to undertake technically improved catchments of the existing mineral springs and find out new sources of curative waters and muds;
- to study the material conditions for the development of resorts;
- to select the points of departure and communication links with resort settlements, regions, etc.

Owing to the natural character of the fundamental resort features, in taking count of the well-known classification of resorts into balneological, curative mud, climatic (mountain and seaside) or mixed, Bulgarian town-planning and resort construction have from a practical point of view classed the resorts into three basic groups: resorts for international use, national resorts and resorts of local importance.

The above classification of resorts is based on their curative effects for specific ailments, which in their turn determine their significance and importance; it also helps to map out the conditions and stages in the construction of the resorts.

From a practical point of view, if construction is to be rational and economical, it is necessary to determine the exact periods in which

the resorts will be used - throughout the year, in certain seasons, or otherwise, for this throws light on the question about the solidity and complexity of the constructions, the kind and number of their modern facilities and amenities, their size, etc.

It is underlined that the organization of feeding and the way vacationists spend their leisure, constitute some of the most essential problems in complex therapy and prophylactic work at the resorts in the People's Republic of Bulgaria.

The question is discussed regarding the organizations entrusted with the designing and construction of resorts in the People's Republic of Bulgaria, with a view to placing designing on a sound scientific basis; an evaluation is made of their ability to reflect exactly the results of the preliminary investigations of the various factors at the resorts, the means for their preservation, improvement, etc.

Recommendations are given regarding the conditions to which the construction sites have to respond, and indications, by way of example, as to how the properties of the natural factors are to be preserved.

The most effective source of investment funds is determined as an active factor in the designing, construction and exploitation of the resorts.

Methods for laying out the resorts from an architectural and artistic point of view are indicated with a view to preserving and consolidating the curative and prophylactic effects of the natural factors, as well as ways for a successful development of the progressive traditions of the past, so as to lend a typically national character to our resorts.

The bed is taken as basic element in determining the capacity of the resorts with regard to the capacity of their basic curative factors.

An analysis is made of the construction of resorts in the People's Republic of Bulgaria during the last few years, and comparisons are made by way of example, of the correlation of the total number of beds to the growing population. The author comes to the conclusion that in the nearest future the total number of beds (minus those for students of all categories and those assigned for international use) must embrace 34 per cent of the population, which is equal to the quota (32 to 36 per cent) of the city forming cadres - group "A" in the structure of the population.

Some forthcoming problems connected with the construction of resorts in the People's Republic of Bulgaria are pointed out as a logical consequence of the tendency of progressive development - reduction of the working day to 7 hours and for some sectors of the national economy - to 6 hours.

Recommendations are made for better utilization of the existing number of beds, deeming it as most expedient to place all resorts under a single state management.

4 photographs are attached to the report as illustrations of the reviewed material.